

# Zerf Challenge 2020

## Scalers of Mountains in Africa since 1954

### 1954 - 2011

#### Table Mountain - South Africa



Wilhelmina Fredericks (cap) leading groups up Table Mountain South Africa 1955- 2011



Kilimanjaro 2003- 2010 Wilhelmina Fredericks Leading the group of Quebecers



Howard Kay (Captain) Ingrid Pullen

Nadia van Leeuwen

Wendy Kunin



Zerf Challenge 2004 Banco wall

Descending the mountain

Gregory Dijkman resting

Zerf Challenge has been functioning since 1954, under the leadership of Wilhelmina Fredericks of Montreal, Quebec, Canada. Here are some of our most favourable moments. See our website for more information.  
[www.zerfchallenge2020.com](http://www.zerfchallenge2020.com)